

Example of a 4-year crop rotation system

	PLOT 1	PLOT 2	PLOT 3	PLOT 4
YEAR 1	Add compost SS: Heavy feeders AW: Alliums	SS: 'Roots' AW: Green manures	Add compost SS: Brassicas AW: Brassicas	SS: Legumes AW: Green manures
YEAR 2	SS: Legumes AW: Green manures	Add compost SS: Heavy feeders AW: Alliums	SS: 'Roots' AW: Green manures	Add compost SS: Brassicas AW: Brassicas
YEAR 3	Add compost SS: Brassicas AW: Brassicas	SS: Legumes AW: Green manures	Add compost SS: Heavy feeders AW: Alliums	SS: 'Roots' AW: Green manures
YEAR 4	SS: 'Roots' AW: Green manures	Add compost SS: Brassicas AW: Brassicas	SS: Legumes AW: Green manures	Add compost SS: Heavy feeders AW: Alliums

Heavy feeders: Tomatoes, squashes, courgettes, potatoes, peppers, cucumbers

Legumes: Peas and beans

Brassicas: Cabbages, broccoli, cauliflower, Brussel sprouts, spinach, mustard, chard

'Roots': Carrots, parsnips, swedes, celeriac, fennel, beetroots (these are usually grouped under 'roots', even though some belong to the brassicas family and the part we eat is the bulb, rather than the root)

Alliums: onion and garlic